## Programme Notes

## *A Sensoral Lecture*

## Sindri Runudde

*A Sensoral Lecture* is a solo performance by and with Sindri Runudde, in which we encounter five voices through metaphoric dating scenarios. The show deals with auditory romance and love at first frequency, an exploration of sound, and especially the voice, as touch. Through dance, dialogue and movement exercises, the audience is invited to a sensual and sensory lecture with humour, imagination and sensitivity. Together with composer Marta Forsberg, Sindri explores the concept of a voice message, and the culture of audio versus text-based communication. Curiously examining the intimacy of the voice message, with observational humour – we discover that a voice message can be way more intimate than a nude picture.

The performance is based on Sindri’s exploration of the tactile and auditive-based movement practice, ‘Centered Adventures’. With guidance from Sindri, the audience will be invited to try this practice during the performance.

This performance involves audience participation

*A production by Sindri Runudde. Supported by Swedish Arts Council, The Swedish Arts Grants Committee, Stockholm Municipality, Stockholm region and Malmö Municipality.*

**SINDRI RUNUDDE** is a Swedish-based dancer and choreographer. Sindri's work is characterised by a multi-sensory approach to the body as a living archive. Sindri invites artists and creatives into his process to investigate and problematise how we experience the world around us through our senses and perception.

The focus is on a musical and auditory method and perspective. Sindri works with sound art, visual art and performance.

After training in contemporary circus and dance, Sindri has worked with various companies and institutions and presented her own projects in Sweden and internationally.

**MARTA FORSBERG** is a Swedish-Polish composer, sound artist and musician working in the field of installation art and electronic music. Her practice includes sound design, composition for ensembles, music for dance, sound and light installations and work on various artistic research projects.